

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Frederick  
Tshitangano**

Has successfully participated & completed the  
**5km Newmark Estate Social Run/Walk**  
held at Pretoria.

**TIME 00:29:01**

**PACE 05:48/km**  
**OVERALL 18 of 61**

**GENDER 7 of 23**  
**40 - 49 1 of 7**

15 February 2019, Fri

Date



*BoutTime*

Signature

